

# The National EMS Memorial Bike Ride

## 2010 Colorado Ride

# JUNE 25, 2010

Littleton, CO to Colorado Springs, CO



The 2010 EMS Memorial Bike Ride in Colorado is a one-day bicycling event to honor and celebrate the lives of EMS providers who have become sick or injured, or have died while performing their duties. Registration is \$50, but additional donations are encouraged. Funds raised during this ride benefit the families of fallen EMS practitioners through the *Fallen Angels Fund*.

The ride starts in Littleton and ends in an EMS parade and barbeque at Antler's park in Colorado Springs, co-hosted with The National EMS Memorial Service. Details for the day:

- 5:00am – 7:00am Riders/Support Check-in and park at Arapahoe Community College (south parking lot)
- 7:00am – 7:30am Morning Ceremony: AirLife Memorial Park, Littleton, Colorado (Dedicated to James Sullivan)  
Breakfast and Lunch sponsor: Porter, Littleton, and Parker Adventist Hospitals EMS
- 7:30am Biker Depart from Ceremony Site
- 3:00pm Parade into Colorado Springs: Marked EMS vehicles are invited to join in; assemble at Pike's Peak Community College – Rampart campus. Parade procession will pass through the city of Colorado Springs and do a slow roll by the families attending the memorial in front of the Hilton Antler's hotel. Time updates posted in the lobby.
- 5:30pm Afternoon Ceremony and outdoor Barbeque: sponsor: Penrose-St. Francis Health Systems EMS
- 7:00pm Shuttle Buses return to Littleton (reservation required at time of online pre-registration)

This is a fully supported ride. Rest stops with snacks and bathrooms are provided every 10-25miles, including one lunch stop. Support vehicles will patrol the route for bikers needing assistance with mechanical/medical support or transportation. Morning and evening shuttle buses will be available and shuttle luggage/bikes (reservations required at time of online registration) from Colorado Springs Antler's park (finish point) to the ride starting point in Littleton. Safety is of outmost concern, helmets are required. Please train and bring appropriate gear, spare tube, etc... for a 75-85 mile road cycling ride. A T-shirt is provided (part of registration); Cycling Jerseys available for \$75 (ordered at online at time of registration). For more information and registration forms please visit us at:

[www.muddyangels.org](http://www.muddyangels.org)

Facebook: 2010 EMS Memorial Bike Ride - Denver to Colorado Springs

Local EMS personnel and the families of EMS personnel are invited to join the parade into Colorado Springs. Non-bicyclists who would like to participate in the parade should contact Fred Monroe at: fredmonroe@msn.com

The National EMS Memorial Bike Ride, Inc. is a non-profit organization. **Special thanks to our sponsors:** AirLife, AMR of Colorado, Arapahoe CC, Denver Health, EMSAC, EMS Magazine, FSDAP, Franktown FD, HealthONE EMS, I Am Not An Ambulance Driver!, JEMS, Littleton FD, Inver Hills CC, Page, Wolfberg & Wirth, LLC, Penrose-St. Francis Health Systems EMS, Pikes Peak CC, South Metro Porter, Littleton FD, and Parker Adventist Hospitals EMS, and Pueblo CC. More sponsors are needed, please contact us at [www.muddyangels.org](http://www.muddyangels.org)